



# Master Shon's Black Belt Academy

Character Development & Family Fitness Center

2301 SW 336<sup>th</sup> St Federal Way WA 98023 (253) 838-5660

[WWW.MASTERSHONTKD.COM](http://WWW.MASTERSHONTKD.COM)

Creating Tomorrow's Leaders...

ONE BLACK BELT AT A TIME!

## Class Schedules

### Children / Adults / Families

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Children Classes Age (6 to 11)</b>						
White/Yellow Belt Kids	4:15-5:00 pm	5:30-6:10 pm	4:15-5:00 pm	5:30-6:15 pm	4:30-5:15 pm	10:15-11:00 am
Purple/Orange Belt Kids	5:00-5:45 pm	4:15-5:00 pm	5:00-5:45 pm		4:30-5:15 pm	10:15-11:00 am
Green Belt Kids	5:45-6:30 pm		5:45-6:30 pm	4:15-5:00 pm	5:15-6:00 pm	9:30-10:15 am
Blue Belt Kids	6:30-7:15 pm		6:30-7:15 pm	4:15-5:00 pm	5:15-6:00 pm	9:30-10:15 am
Red Belt Kids		6:15-7:00 pm		6:15-7:00 pm	5:15-6:00 pm	9:30-10:15 am
AM All Adult	10:00-11:00 am		10:00-11:00 am		10:00-11:00 am	
<b>(All) Students &amp; Family Classes</b>						
All Low Belt (White to Orange)		7:45-8:30 pm		7:45-8:30 pm	5:15-6:00 pm	9:30-10:15 am
All High Belt (Greens to Black)	8:00-8:45 pm	7:45-8:30 pm	8:00-8:45 pm	7:45-8:30 pm	5:15-6:00 pm	9:30-10:15 am
<b>Teen / Adult Classes Age (12 &amp; Up)</b>						
Adult Low Belt (White to Orange)	7:15-8:00 pm	7:45-8:30 pm	7:15-8:00 pm	7:45-8:30 pm	5:15-6:00 pm	9:30-10:15 am
Adult High Belt (Green to Black)	8:00-8:45 pm	7:45-8:30 pm	8:00-8:45 pm	7:45-8:30 pm	5:15-6:00 pm	9:30-10:15 am
<b>Black Belt Club / Sparring Competition Team</b>						
All Black Belt	8:00-8:45 pm	7:00-7:45pm	8:00-8:45 pm	7:00-7:45pm	5:15-6:00 pm	9:30-10:15 am
Competition Team (A)	7:15-9:15 pm		7:15-9:15 pm		7:15-9:15 pm	
Competition Team (B)		7:30-9:00 pm		7:30-9:00 pm	7:30-9:00 pm	
All Belt Sparring					6:30-7:15 pm	
<b>Little Tigers Age (4~5)</b>						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Tigers	3:45-4:15 pm	5:00-5:30 pm	3:45-4:15 pm	5:00-5:30 pm	4:00-4:30 pm	11:00-11:30 am
<b>Introductory Class</b>						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Students Only					6:00-6:30 pm	11:30-12:00 pm

This schedule will **start** as of **1/01/23**

Sparring Bags – Bring Wed – Thu Classes

**If you enjoy our classes, please tell a friend!  
We appreciate your referrals!**