



Master Shon's Black Belt Academy

Character Development & Family Fitness Center

2136 SW 336th St Federal Way WA 98023 (253) 838-5660
 1035 S. 320th St Federal Way WA 98003 (253) 838-5660

Creating Tomorrow's Leaders...

ONE BLACK BELT AT A TIME!

WWW.MASTERSHONTKD.COM

Class Schedules

★ = (Classes at 320th location)

Children / Adults / Families

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Children Classes Age (6 to 11)						
White/Yellow Belt Kids	4:15-5:00 pm	5:50-6:35 pm 6:40-7:25 pm	4:15-5:00 pm	5:50-6:35 pm 6:40-7:25 pm	★ 5:15-6:00 pm	10:00-10:45 am
Purple/Orange Belt Kids	5:10-5:55 pm	6:40-7:25 pm	5:10-5:55 pm	6:40-7:25 pm	★ 5:15-6:00 pm	10:00-10:45 am
Green Belt Kids	★ 5:20-6:05 pm	4:15-5:00 pm		4:15-5:00 pm	★ 6:10-6:55 pm	★ 11:00-11:45 am
Blue Belt Kids	6:35-7:20 pm	★ 4:20-5:05 pm	6:35-7:20 pm		★ 6:10-6:55 pm	★ 11:00-11:45 am
Red Belt Kids	★ 4:30-5:15 pm	★ 6:05-6:50 pm		★ 6:05-6:50 pm	★ 6:10-6:55 pm	★ 11:00-11:45 am
AM All Adult	10:00-11:00 am		10:00-11:00 am		10:00-11:00 am	
Family Classes						
Family Low Belt (White to Orange)		6:40-7:25 pm		6:40-7:25 pm	★ 6:10-6:55 pm	★ 11:00-11:45 am
Family High Belt (Greens to Red II)	★ 6:15-7:05 pm	7:30-8:20 pm	★ 6:15-7:05 pm	7:30-8:20 pm	★ 6:10-6:55 pm	★ 11:00-11:45 am
Teen / Adult Classes Age (12 & Up)						
Adult Low Belt (White to Orange)	7:30-8:15 pm	6:40-7:25 pm	7:30-8:15 pm	6:40-7:25 pm	★ 6:10-6:55 pm	★ 11:00-11:45 am
Adult High Belt (Green to Red II)	★ 6:15-7:05 pm	7:30-8:20 pm	★ 6:15-7:05 pm	7:30-8:20 pm	★ 6:10-6:55 pm	★ 11:00-11:45 am
Black Belt Club / Elite Sparring Team						
All Black Belt (A)		★ 5:10-6:00 pm	★ 5:10-6:00 pm		6:00-6:45 pm	
All Black Belt (B)		★ 7:00-7:50 pm	★ 5:10-6:00 pm	★ 7:00-7:50 pm	6:00-6:45 pm	
EST Sparring			★ 7:15-9:00 pm		★ 7:15-9:15 pm	★ 2:00-4:00 pm
Demo Team	★ 7:30-8:30 pm					
Little Tigers Age (4~5)						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Tigers	3:40-4:10 pm	5:10-5:40 pm	3:40-4:10 pm	5:10-5:40 pm		11:00-11:30 am
Introductory Class						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Students Only	6:00-6:30 pm		6:00-6:30 pm			11:40-12:10 pm

★ = (Class at 320th location)
 Sparring Bags – Bring Wed – Sat Classes

This schedule will **start** as of **11/17/2017**

If you enjoy our classes, please tell a friend!
We appreciate your referrals!